

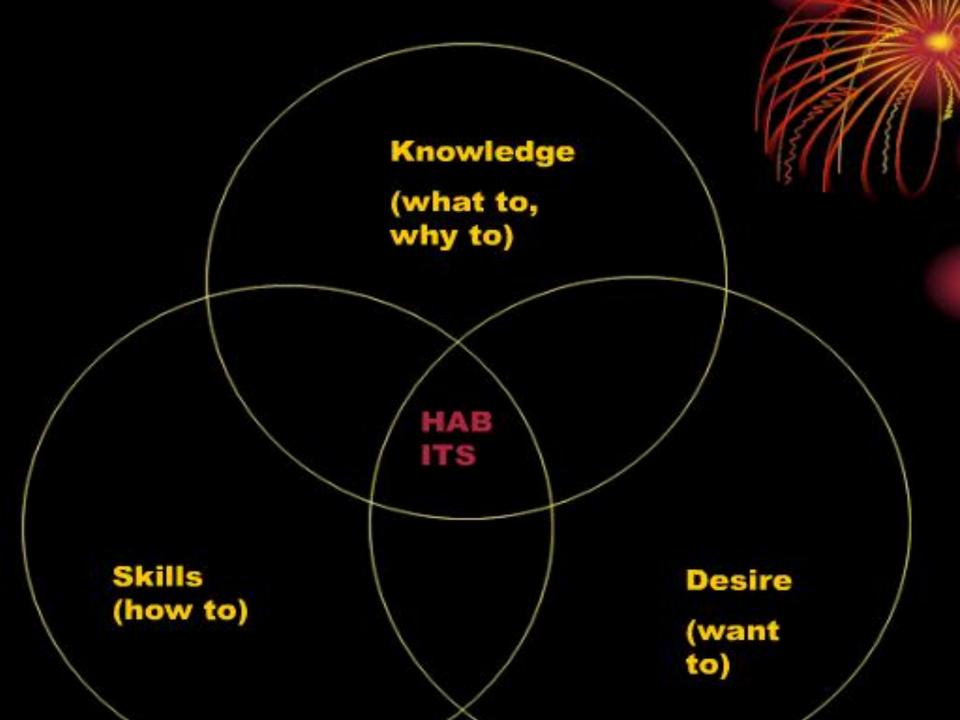
HAVE FAITH, TRUST & BELIEF.

JUST BECAUSE OTHERS CAN'T DO IT, DOESN'T MEAN YOU CAN'T.
BE THE ONE TO MAKE THE WORLD STOP AND WATCH.
PROVE THE WORLD WRONG, LIVE YOUR DREAMS.

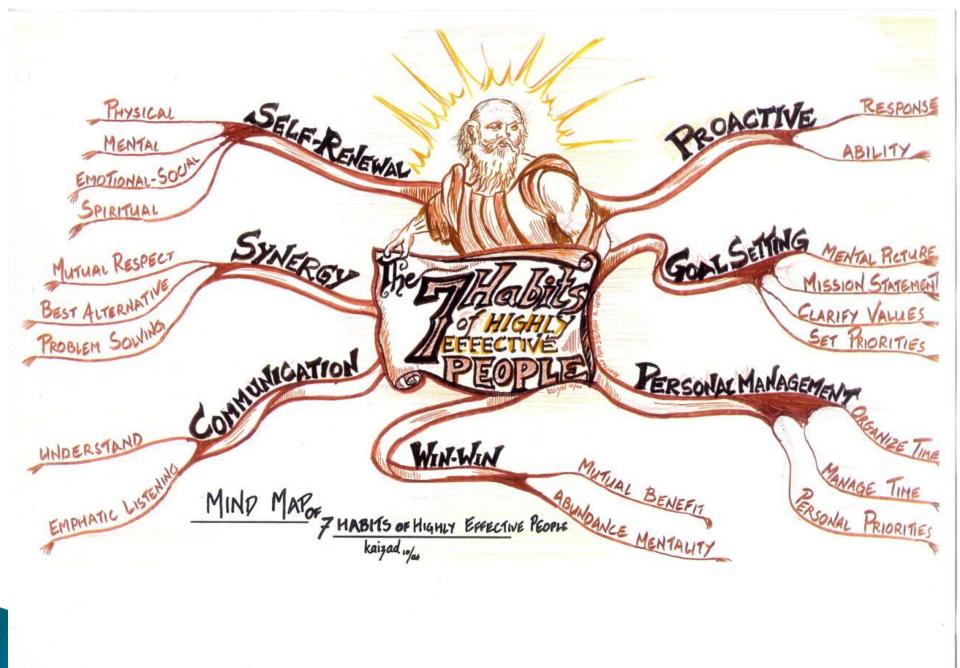


"Life's battles don't always go
To the stronger or the faster man,
But soon or late the man who wins,
Is the man WHO THINKS HE CAN"

by Vince Lombardi



Make a Mind Map of Some habits of Effective People



Motivate children By Giving Them What They Need

The Four C's

- of
- Connection—having the sense of belonging
- Capability—having the ability to take care of oneself
- Counting—having the knowledge that one can make a difference
- Courage—believing one can handle what comes

What might you do to help your children develop a sense of... connectedness?

- capability?
- worth? (counting)
- courage?

Activity 2

Reflect your views through Tony Ryan's Thinking key

The Need to be Connected

- Survival depends on our ability to bond.
- Through development we must move from total dependency to interdependency.
- Move from being dependent, to being someone upon whom others can depend.
- Children who don't connect in constructive ways feel insecure/isolated, seek attention and are more susceptible to peer pressure.

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Connections

Children who feel connected...

- feel secure
- can reach out
- can make friends
- can cooperate

"I believe that I belong."



The Need to Develop Competence and Feel Capable

- Upon moving from dependence to interdependence, one must develop the ability to be independent (some degree of self-sufficiency in performing certain tasks).
- The foundation of feeling competent and capable comes with the ability to take care of oneself.
- Children who don't feel capable may try to seek power, control others and/or become defiant.

Capable

Children who believe they are capable...

- feel competent
- have self-control and self-discipline
- assume responsibility.
- are self-reliant

"I believe I can do that."



The Need for Significance – The Belief That One Counts

- We want to feel we make a difference, that our existence matters.
- People who don't believe they count through constructive means try to prove that they count through negative means. They may seek revenge and hurt others.

Counts

- believe they count...
 - feel valuable
 - believe they can make a difference
 - believe they can contribute

"I believe that I matter and I can make a difference."



The Need for Courage

- ▶ To take risks requires courage.
- Children without courage focus on what they can't do. They often give up and avoid.

Courage

Children who have courage...

- overcome fear
- feel equal, confident, and hopeful
- handle challenges;
 are resilient
- are willing to try

"I believe that I can handle what comes."



Essential Skills for effective children

- Children need to be able to <u>communicate</u> effectively in order to <u>connect</u> constructively.
- Children need <u>self-discipline</u> to become <u>capable</u>.
- Children need to believe that they <u>count</u> and make a difference if they are going to be <u>willing to assume responsibility</u>.
- Children need good judgment if they are going to use courage wisely and safely.

Misbehavior

Students who feel

- not connected
- not capable
- they don't count
- no courage

Act out by

- seeking attention
- seeking power
- seeking revenge
- seeking avoidance

Please Remember

- Misbehavior is NOT the problem.
- Misbehavior is the student's attempt to find a solution for a problem they feel they have.
- We have to help children find alternative solutions.

Parents Interventions: Demanding Attention (Connection)

- Minimize the attention given to misbehavior
- Notice behaviors you want to encourage
- Act, don't talk
- Act before there is a problem
- Assign jobs that get positive attention by being helpful to others

Parents Interventions: Seeking Power (Capability)

- Think about what YOU can do rather than what THEY should do
- When correcting, focus on the behavior not the child
- Don't allow situations to escalate
- Give student real responsibilities
- When possible, decide on rules as a class

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Parents Interventions: Seeking Revenge (Count)

- Make a list of positives about the child
- Refuse to retaliate, escalate or humiliate
- Before trying to resolve conflicts, allow for cooling off period for both of you
- Offer lots of chances for the child to help others
- Share responsibility for solving problems with the child

Parents Interventions: Practicing Avoidance (Courage)

- Create learning experiences from mistakes
- Set students up for success
- Recognize effort and small improvements
- Teach positive self-talk
- Don't give up

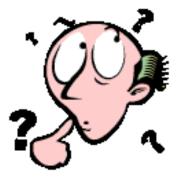
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TIME FOR REFLECTION

Things that attracted my attention

Things that I wish to apply with my child



 http://www.tenmillionclicksforpeace.org/index.php/e
 mpowerment/peaceful-parenting/inspirational-videoabout-positive-parenting

bibliography

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- http://en.wikipedia.org/wiki/The_Seven_Habi ts_of_Highly_Effective_People
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