

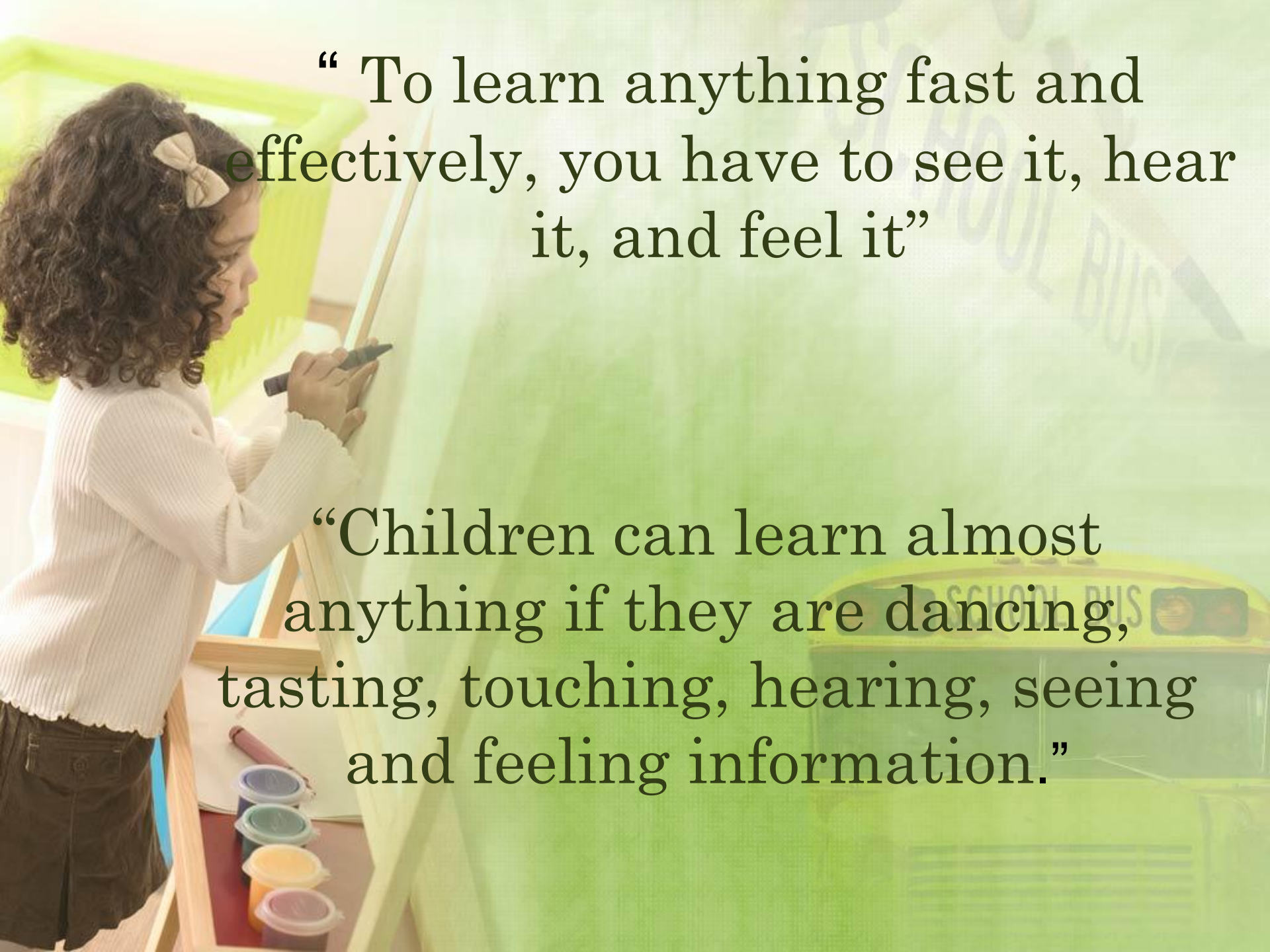


SENSES & VALUES

DESIREE DHAMI

Vice Principal

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“ To learn anything fast and effectively, you have to see it, hear it, and feel it”

“Children can learn almost anything if they are dancing, tasting, touching, hearing, seeing and feeling information.”

Turning potential into actual intelligence

- Brain building: Your child is born with more than enough brain cells to be highly successful. From the moment mother conceives, 250,000 brain cells are multiplying every minute! But if you do not use it, you loose it!!
- It's not the number of brain cells that determines usable intelligence, it's the number of connections that are made between those brain cells.





Building five acute senses

- Throughout his life, your child will take in new information through his senses. Your child has five main pathways into his brain. He learns by what he sees, hears, touches, tastes and smells. The more you help him develop the five acute senses, the better the pathways will be laid.



- For the first eight years of life, and especially the first four, a child has a truly absorbent mind. He simply soaks up experiences.
- The more movement and touching experience a youngster gets in the first few years of life, the more thorough the base for all-round education later.



Environment

- Create an environment that is sufficiently challenging to produce a feeling of achievement.
- **Rule: If your child is not enjoying it, stop immediately.**
- Each child develops at his own pace.
- Never, never, never - impose an activity on your child.
- Incorporate several different types of games and activities.



Activity time

- It's time to share!
- Share some of the things that you have been doing with your child.
- Place them in the different categories.

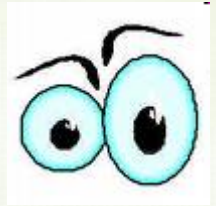


Activities for Auditory senses (ear)

- Introduction of sound and silence.
- Sounds of thunder, mixer, banging of door, etc.
- Recognition of sounds made by animals, birds, insects, musical instruments, etc.
- Inside empty containers put pennies, sand, etc.
- Striking a spoon on a wooden bowl, a pan, plastic, a steel utensil, etc.
- Can play rhymes, mantra's, sloka's, etc.



Activities on Visual



- Using different geometrical shapes & colours.
- Take the child in a room which is completely dark & then switch on/off the lights to explain darkness & light.
- Number dots.
- Spot the differences.
- Flash Cards, Puzzles, etc.





Activities on touch(tactile stimulation)

- Making him feel different surfaces and things, eg, silk, velvet, fur
- Different flooring ;granite, marble, wood etc.
- Different leaves of trees when intact with tree and when dry.
- Flowers of different plants.
- Different liquids
- Different grains in the kitchen.
- Take 2 bags and fill both the bags with similar objects. Now blindfold the child and ask the child to remove 2 same objects from both bags.



Activities on smell



- Smell different flowers when in a park.
- Smell different fruits.
- Smell different cereals.
- Spices in the kitchen (Be careful).
- Medicines.
- Rotten fruits.
- Ingredients those you use for worshipping at home/ temple/ mosque/ church..
- Perfumes.



Activities on taste



- Sweet: Sugar, honey, glucose, fruits.
- Bitter: bitter gourd.
- Sour: lemon, vinegar, kokam.
- Spicy: red chilies', green chilies, cloves.
- Salt: iodized salt, non iodized salt, rock salt, black salt.





Stimulating visits

- Airport
- Antique shop
- Farm or agricultural show
- Bakery
- Fire station
- Horse racing stable
- Police station
- Local post office
- Different religious centers
- Art gallery
- Shoe repair shop
- Shopping trip

The Wisdom In Hot Chocolate.

Please click through slides at your leisure

A group of graduates, well established in their careers, were discussing their lives at a class reunion. They decided to go visit their old university professor, now retired, who was always an inspiration to them.



During their visit, the conversation turned to complaints about stress in their work, lives and relationships.



Offering his guests hot chocolate, the professor went into the kitchen and returned with a large pot of hot chocolate and an assortment of cups. Some cups were porcelain, glass, crystal, some plain looking, some expensive, some exquisite. He invited each to help themselves to the hot chocolate.



**When they all had a cup of hot chocolate in hand,
the professor shared his thoughts.**



“Notice that all the nice looking, expensive cups were taken, leaving behind the plain and cheap ones.”



**“While it is normal for you to want only the best for yourselves,
that is the source of your problems and stress.”**



“The cup that you are drinking from adds nothing to the quality of the hot chocolate. In most cases it is just more expensive and in some cases even hides what we drink.”



**“What each of you really wanted was hot chocolate.
You did not want the cup . . .
but you consciously went for the best cups.”**



“And soon, you began to eye one another’s cups.”



"Now parents, please consider this . . .



**“Life is the hot chocolate . . .
Your child’s future, job, money and position in society are
the cups.”**



“They are just tools to hold and contain their lives.”



**“The cup you have does not define,
nor does it change, the quality of life your child is
living.”**



**“Sometimes, by concentrating only on the cup,
we fail to enjoy the hot chocolate God has provided us.”**



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**Always remember this
God brews the hot chocolate, He does not choose the cup.**



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The happiest people don't have the best of everything.



They just make the best of everything that they have!!



We must imbibe in the children, that they must:

Live simply . . .

Love generously . . .

Care deeply . . .

Speak kindly . . .



Leave the rest to God.

~ and remember ~

**The richest person {Your Child}, is not the one who has
the most,
but the one who needs the least.**

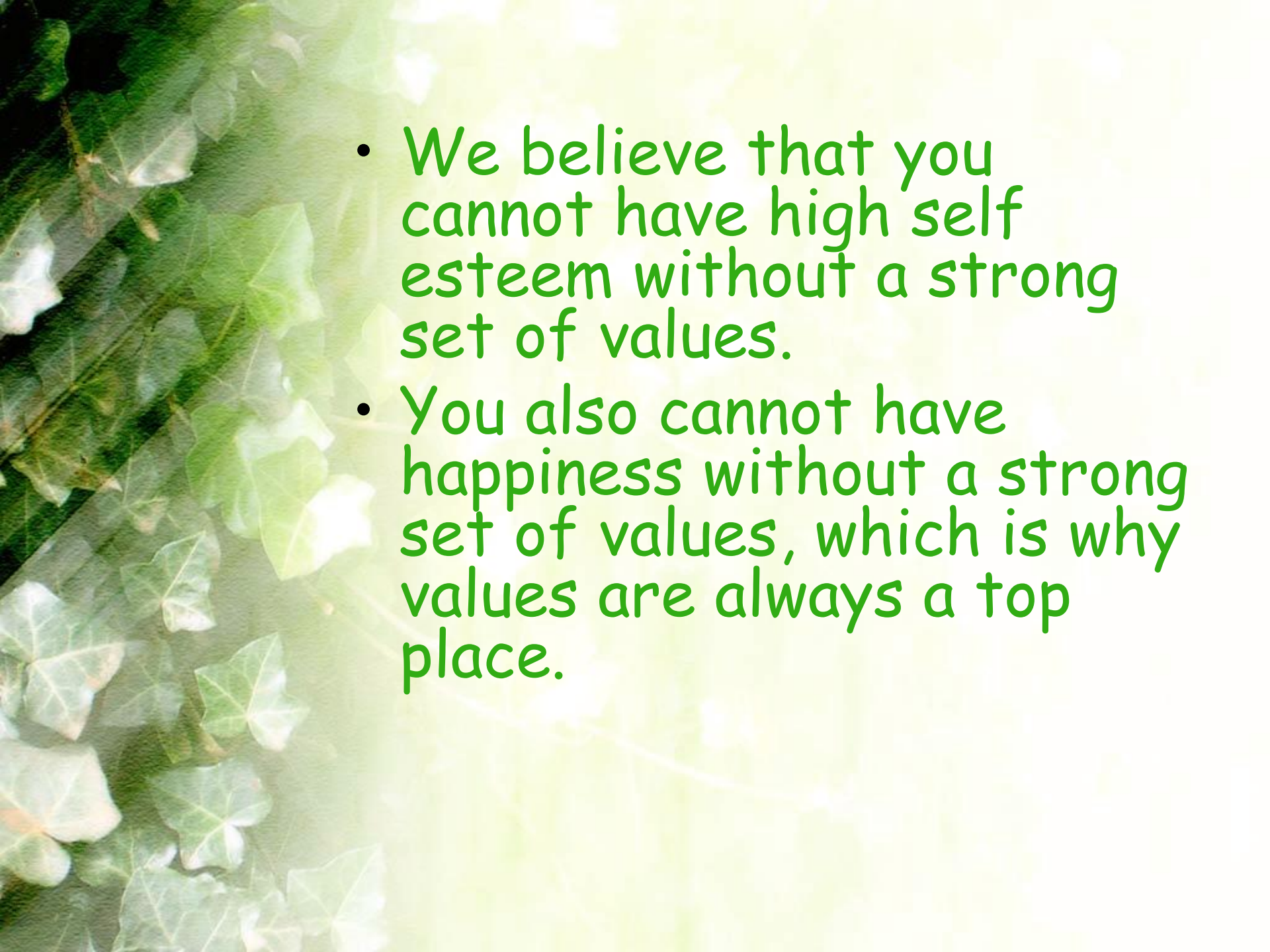
Ensure that your child Enjoy's the hot chocolate!!






values


- “The manner in which we listen to the world around us is as individual as our fingerprints”

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- We believe that you cannot have high self esteem without a strong set of values.
 - You also cannot have happiness without a strong set of values, which is why values are always a top place.



The 4 principles of teaching values

- Emphasis rewards rather than criticism.
- Explain why each value is important.
- Your child will learn more from you than from any other person
- Repeat the values (the words) again and again to emphasis their importance.



Simple values

- Responsibility: to the home ,for yourself.
- Self control: with his temper, his eating , watching TV and work.
- Respect: politeness, caring, and sharing.
- Honesty: telling the truth, playing by the rules.
- Courage: doing what is right, even when it's hard.



Caring




Co-operative



Courage



Responsible



Introducing the Daily List

- This is a list that tells your child what he is expected to do each day.
- The key to reinforce good values.

Jobs

**Mo
n**

Tue

**We
d**

**Th
ur**

Fri

Sat

**Su
n**

got up on time

got ready for school

had my breakfast

gave a hug to my mum



Activity

- Short story/an event/ a poem/ an act representing a value

The steps of a child

If a child lives with.....

- ✓ Criticism he learns to condemn.
- ✓ Hospitality, he learns to fight.
- ✓ Ridicule, he learns to be shy.
- ✓ shame, he learns to feel guilty.
- ✓ Tolerance, he learns to be patient.
- ✓ Encouragement, he learns confidence.
- ✓ Praise, he learns to appreciate.
- ✓ Fairness, he learns justice.
- ✓ Approval, he learns to like himself.
- ✓ Acceptance and friendship, he learns to find love in the world.

thank

you

What the caterpillar calls the end of
the world, the butterfly calls the
beginning

