

The Pastiche

Issue # 1 – January 2019

Dr. Robbin Ghosh A leader's story



“If you want something, give it first”

Behind every great leader is an equally fantastic story, filled to the brim with inspiring tales that will make you understand the goals and noble ambitions of every accomplished leader.

Written by Vishnuwardhan Gopal & Arhan Kamath

As strange as it may sound, Dr Ghosh himself would inform you that he had quite a mischievous nature as a child, being very adventurous inquisitive, possessing an earnest desire to discover all the mysteries of the world, like every child at his age. Growing up among 6 siblings, raised by a spiritually inspired father and an equally devoted mother, Dr Ghosh was introduced to God and spiritually accomplished individuals, eminent scholars of great intellect and learning and people with great accolades in the fields of sports, in his early childhood.

Dr Ghosh later went on later in life to become an air force fighter combat pilot and spent many years of his life serving loyally in the Indian Air Force, before taking a premature retirement in order to delve deeper into the betterment of education. After completing his further studies and earning a PhD at the Federal Aviation Administration (FAA) Academy in the USA, he has also completed several specializations on an array of subjects such as ‘The Human Mind’, ‘Differentiated Classroom Strategies’ and ‘Early Child Brain Development’ and done extensive research on spirituality and religious philosophies of the world, having thoroughly studied the Upanishads, the Bhagavad Gita, the Bible and the Quran.

On 6th January 1997, the famous institution we know as ‘Victorious Kidss Educares’ was founded by the one and only Dr Robbin Ghosh. As an educator, his mantra has always been ‘We believe if the student has not learnt it, it is we, who have not taught’ and his philosophies on education is what inspired him to develop this institution that we all reside in. The idea behind the conception of this institution was to find an answer to all the problems of education. Dr Ghosh was dedicated to discovering an ideal concept of education that would one day be approved and recognized by the people of the world. He wanted to bring back the knowledge of ‘Vedanta’ to the present world. These were all dreams that Dr Ghosh wanted to fulfil through the development of this school.

Stress & Its Management

Written by Sneha Augustine

Sometimes stress can be a positive force, motivating you to perform well at your piano recital or job interview. But often — like when you're stuck in traffic — it's a negative force. If you experience stress over a prolonged period of time, it could become chronic — unless you take action.

Have you ever found yourself with sweaty hands before an exam or felt your heart pound during a scary movie? Then you know it can be stress in both in your mind and body.

The best way to reduce stress is to manage it.

Here are some ways to manage stress:

1. **Take a break:** It may seem difficult to get away from a big work project, but when you give yourself permission to step away from it, you let yourself have time to do something else, which can help you have a new perspective or practice techniques.

2. **Exercise:** Exercise benefits your mind just as well as your body. We keep hearing about the long-term benefits of a regular exercise routine. But even a 20-minute walk, run, swim or dance session in the midst of a stressful time can give an immediate effect that can last for several hours.

3. **Smile & Laugh:** Our brains are interconnected with our emotions and facial expressions. When people are stressed, they often hold a lot of the stress in their face. So, laughs or smiles can help relieve some of that tension and improve the situation.

4. **Meditate:** Meditation and mindful prayer help the mind and body to relax and focus. Much like exercise, research has shown that even meditating briefly can reap immediate benefits. If you work at easing stress with healthy lifestyle and diet changes, you can largely avoid escalating stress. As they say — “A diamond is a piece of charcoal that handled stress exceptionally well.”



Remarkable sketch of a Horse by Meghna Aanya Karnani



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Model United Nations – Importance and Benefits

Written by Karan Shah

Model United Nations, abbreviated for MUN, is a simulation of UN conferences and debates. It sounds ones spoken, visual, thinking, research, and self-management skills.

There are various advantages of being in an MUN. Not only does it refine your skills, the certificate also has a lot of value, but the experience is perhaps the most valuable benefit.

“The Critical Thing about MUNs is Getting a Different Perspective.”

MUN influences delegates to do a thorough research on the agenda specified, which tunes the research skills and thinking skills of the candidates.

Further, MUN pushes the delegates to speak and present their point of view in public, which enhances their presentation and spoken skills.

However, the critical thing about MUNs is getting a different perspective. In each MUN, delegates get a different agenda and a different country.

This provokes them to think through the lenses and situation of the given country, especially on the given matter.

Pune World Summit is an MUN that takes place in Victorious Kidss Educare every year, and this time it's going to be the 5th edition.

PWS 2019 has the following committees:

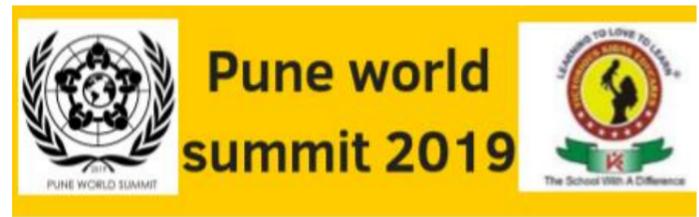
- UNSC
- DISEC
- UNHRC
- ECOSOC

All these committees present a challenging and intriguing agenda, as visible in the given image >>

Join the 150+ attendants at the Pune World Summit 2019.

What's a better opportunity to take part in an MUN, than in your own school!

Registrations are open, and the sooner you apply, the better country you get.



- 1 UNSC (SECURITY COUNCIL)**
Immediate Steps to End the Proxy War in Yemen
- 2 DISEC**
Establishing Policies for Landmine Clean-up in All Affected Countries
- 3 UNHRC**
Addressing the Rights of Refugees and Internally Displaced People (IDP) in Regions of Armed Conflict
- 4 ECOSOC**
Establishing Comprehensive Plans to Provide Aid to Disaster Stricken Areas

VENUE: VICTORIOUS KIDSS EDUCARES
DATES : 19TH AND 20TH JAN 2019
REGISTER YOURSELF ON PUNEWORLDSUMMIT.COM

Literary Section

“As we look into the next century, **LEADERS** will be those who **EMPOWER OTHERS**”



Bill Gates

1. Nonplussed: filled with bewilderment
2. Inchoate: imperfectly formed
3. Cachet: indication of superior status
4. Panache: stylish elegance
5. Indefatigable: persistent enthusiasm
6. Uncanny: surpassing the ordinary
7. Unabashed: not embarrassed
8. Dilatory: wasting time
9. Martinet: a strict disciplinarian
10. Hop Polloi: common people

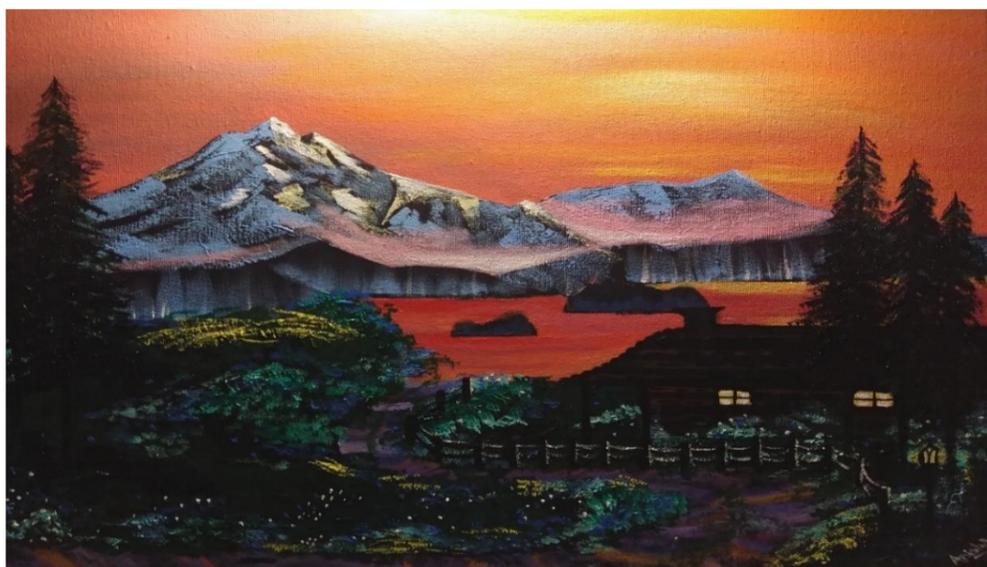
Riddles

Who makes it, has no need of it.
Who buys it, has no use for it.
Who uses it can neither see nor feel it.
What is it?

Answer: See A1, Page 4

If you have me, you want to share me. If you share me, you haven't got me. What am I?

Answer: See A2, Page 4



Beautiful Natural Landscape Painting by Anisha Malani

Paving the Way for Sports in Schools

Written by Kaushal Patra

“An Ideal that tends to keep both Academics and Sports an at Equilibrium.”

School has always been a platform where we were able to indulge ourselves in sports and other academics, which helped us develop vital attributes at early ages such as social and time-management skills, as well as keeping ourselves fit.

Furthermore, it also helped us attain leadership qualities and new opportunities for the future.

The truth is that every child at some point of his/her life always aspires to excel at sports or achieve the title of the best athlete in the grade, but the desire and determination are never harnessed properly, that if focused could have unleashed the child's complete potential as an athlete. This is true as sports has never been given much importance in various schools since the primary focus is always to encourage students to be more "academically inclined".

But recently the focus has been changing in Victorious Kidss Educares, a school with a difference. With an ideal that tends to keep both academics and sports at an equilibrium, this school has taken quite a few steps to implement it.

An interview was also taken by Saanvi Jitendra of MYP-4C and Chhanv Singh of MYP-2B on this topic to effectively gather the teacher's perspective. It states that, when teachers were asked about the existing facilities and support systems in the school and how they encouraged students to leverage from it,

they replied, "Our school has a variety of facilities that motivate students...these include a green grass area and playground to improve fitness in young children..."



Athletics

a football field to conduct football and cricket tournaments...an area for skating events along with a swimming pool...and even a basketball and volleyball court that can encourage lawn tennis".

Further into the interview when teachers were asked about how sports could be integrated with holistic learning and development for students in the school they replied, "Sports build discipline in students...the ATL skills and Learner Profile are addressed in each and every sport."

"Our School has a variety of facilities that motivate students..."

- VKE Students: Saanvi Jitendra & Chhanv Singh

There are planned units which are integrated with other subjects in order to create a linkage and interest in students...an example of this can be seen in the ground markings of a field that can be associated with mathematics".

In conclusion, the school is taking many efforts to provide more development in the field but, still possesses some overlooked areas that need to be worked upon. It aims to develop various skills in their apprentices and pave the way for the development of various sports in schools.

The Pastiche

Written by Ananya Nipane

"There you were, the Pastiche of some lovely distance star as I surrounded only my small self, also alive."

- Michael Burkard

"Study for Orange and Black"

Pastiche is the art of borrowing ideas and thoughts and binding them along your own dwindling creations. Originated from the beautiful yet extravagant era of the renaissance, this word has tagged along yet more beautiful languages through its path. Originally derived from the Latin as *Paste*, and later from Italian as *Pasticcio*, it settled itself to a French word, and now the title of our newspaper.

Artists, Musicians, photographers or even writers all leave a piece of themselves back at earth, a piece left to be reminisced and to inspire the generations from the new times. Victorious Kidss Educares has always encouraged art literature individuality, yet as young apprentices, we learn from the mistakes of others and reflect on the achievements of the same.



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A school of Perspectives

बढ़ती आबादी से आज़ादी

Written by Tanishka Shah

धरती पर लोगों का बोझ, कब खतम होगी संतुलन की खोज।

क्या हम कुछ ज्यादा ही आगे बढ़ गए हैं? दो लाख साल पहले की बात है जब इंसान धरती पर आया था। और आज, धरती पर करीब ७३० करोड़ इंसान हैं। यानी हर साल, करीब ३६,५०० नए इंसान धरती पर आते हैं। ये कुछ ज्यादा नहीं हो रहा?

दुनिया का दूसरा सबसे आबाद जीव, कौआ, भी हमसे ५८० करोड़ से कम की संख्या में है! ये एक समस्या नहीं है... ये एक संकट है।

यानी हर साल, करीब ३६,५०० नए इंसान धरती पर आते हैं। ये कुछ ज्यादा नहीं हो रहा? दुनिया का दूसरा सबसे आबाद जीव, कौआ, भी हमसे ५८० करोड़ से कम की संख्या में है! ये एक समस्या नहीं है... ये एक संकट है।

ज्यादा जनसंख्या के परिणाम स्वरूप सशस्त्र बल बढ़ेगा जिससे देश की रक्षा करना आसान हो जाएगा। बढ़ती जनसंख्या सुनिश्चित करता है की श्रम शक्ति की कगार भी बढ़ती रहेगी, यदि श्रम शक्ति की कगार में कोई कमी न रहे तब वह देश स्थिर हो जायेगा। निवेशकों को ज्यादा से ज्यादा निवेश करना का अवसर मिलेगा, यह इसलिए क्योंकि जैसे जैसे जनसंख्या बढ़ती जाएगी वैसे ही रोटी, कपड़ा और मकान की मांग भी बढ़ती जाएगी, जिससे उनका फायदा होगा।

इंसानों की बढ़ती आबादी ने धरती माँ को परेशान कर दिया है। और प्रकृति का नियम है, जब कुछ बढ़ता है, तो कुछ घटता भी है, और हम इंसानों ने हमारे ही जीने के सबसे बड़े कारण को हानि पहुँचाई है... प्रकृति। इंसानों की बढ़ती जरूरतों की वजह से पानी, खान-पान, और ज़मीन की कमी हो रही है जिसके कारण वनों की कटाई, ताज़े पानी, वन्य जीवन का नुकसान, और प्रदूषण फैल रहा है। बढ़ती जनसंख्या ने देशों को बड़ी दुविधा में डाल दिया है। देश की प्रगति के लिए इस्तेमाल होने वाले साधन अब जनसंख्या की जरूरत में इस्तेमाल हो रही हैं। पानी की कमी पर अब देशों में लड़ाईया भी हो सकती हैं। जब कोई भी देश में जनसंख्या बढ़ने की समस्या उठती है तो वह बेरोज़गारी लाती है क्योंकि लोग ज्यादा हैं, रोज़गार कम है। बढ़ती जनसंख्या के कारण मांग एवं आपूर्ति के बीच की दूरियाँ बढ़ रही हैं जिसकी वजह से महँगाई।

बढ़ती आबादी के कुछ गिने-चुने समाधान हैं। सबसे प्रथम, परिवार नियोजन। हर परिवार के पास दो से ज्यादा बच्चे नहीं होने चाहिए। और एक समाधान है बच्चों को अपनाना। ऐसे ज्यादा बच्चे भी नहीं होंगे, और अनाथ बच्चों को एक घर, अच्छी सुविधाएँ बह मिल जाएँगी, जिससे वो देश के विकास में योगदान दे सकें।

क्योंकि लोग बढ़ते जनसंख्या के सामाजिक और प्राकृतिक प्रभाव के बारे में अनजान हैं हम प्रदूषण, बेरोज़गारी और गरीबी का स्वागत कर रहे हैं। जागरूकता आज एक महत्वपूर्ण कारण है जिससे आने वाली पीढ़ियों का भविष्य तय होगा। जब लोग जागरूकता होंगे तभी वह बेहतर निर्णय ले सकते हैं। जैसे की अपने पहले देखा, बढ़ते जनसंख्या के प्रभाव बहुत गंभीर हैं, इसीलिए हर देश और इंसान को एकत्रित होकर इसका हल निकालना होगा।



Stunning Painting of Flowers by Sanjana Bihani

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Merry Christmas

Written by Vishnuwardhan Gopal

Christmas, one of the world's most beloved and exciting annual festivals. Thoughts of presents, chocolates, and most importantly, school holidays, linger in all

our minds in the days leading up to Christmas. Christmas is a festival dedicated to the commemoration of the birth of Jesus Christ. However, over time it has

“Christmas is a festival dedicated to the commemoration of birth of Jesus Christ”

evolved and has become a well-known tradition amongst people of different cultural backgrounds and geographical locations. It can be celebrated and enjoyed in

many different ways and different countries have come up with their own ways to celebrate, but the 'Christmas spirit' resides.

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Answer to Riddles on Page 2
A1: A Coffin | A2: A Secret

Comic Section

Cartoonist: Abhishek Huple
Title: eAssessment

For all MYP 5 Students, this is just a joke. In case you try to attempt this in real life, remember that: 1. you can afford Rush yourself and 2. you can get suspended just because you couldn't control your thirst