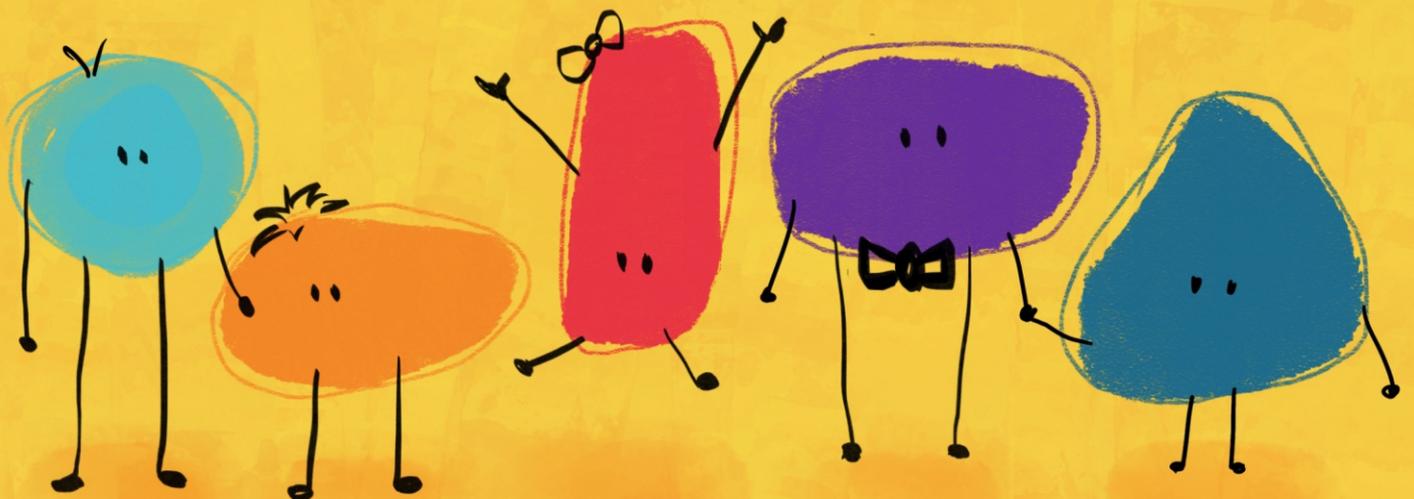


COVID-19 & WAY FORWARD AT VICTORIOUS KIDSS EDUCARES

UNIQUE

FOUNDATION YEARS

PROGRAMME FOR INFANTS OF 0-3 YRS



The COVID-19 pandemic has resulted in the educational institutions across the world being compelled to a sudden harness and utilize the suite of available safe technological tools to create content for remote learning for students in all sectors. Educators across the world are experiencing new possibilities to do things differently and with greater flexibility resulting in potential benefits in accessibility to education for students across the world.

By the grace of the 'Divine Power', the school took up this mighty challenge and upheld its motto of



'Learning to Love to Learn'.

Our team has discovered more ways to ensure that learning continues in a healthy way and provide the best possible learning experiences for children & their parents.

Across the world, due to the spread of coronavirus disease (COVID-19), children are affected by physical distancing, quarantines and nationwide closures. Some children or even young parents may be feeling more isolated, anxious, bored and uncertain. They may feel fear, and grief, over the impact of the virus on their families and young precious minds at home.

Remember that while these days are long and the weeks ahead are unsure, your little one is learning and practicing variety of skills through everyday routines with you or observing you. We need to practice positive and scientific parenting that when the time comes to release them into the world of their peers, they will be ready!

Victorious Kidss Educares, is known across Asian educational community for its commitment and expertise towards Early Child Brain Development. The original Foundation Years Programme (FYP) at VKE is for infants of 0 to 3 years of age along their parents. This programme is designed in a way that allows infants and toddlers to grow spiritually, emotionally, mentally and physically. The Foundation Years retain a vibrant, loving atmosphere which is led by positive energy. This is the first programme initiated by the school since 1997.

At the core of the FY curriculum model of the school,

3Hs (Head, Heart and Hands)

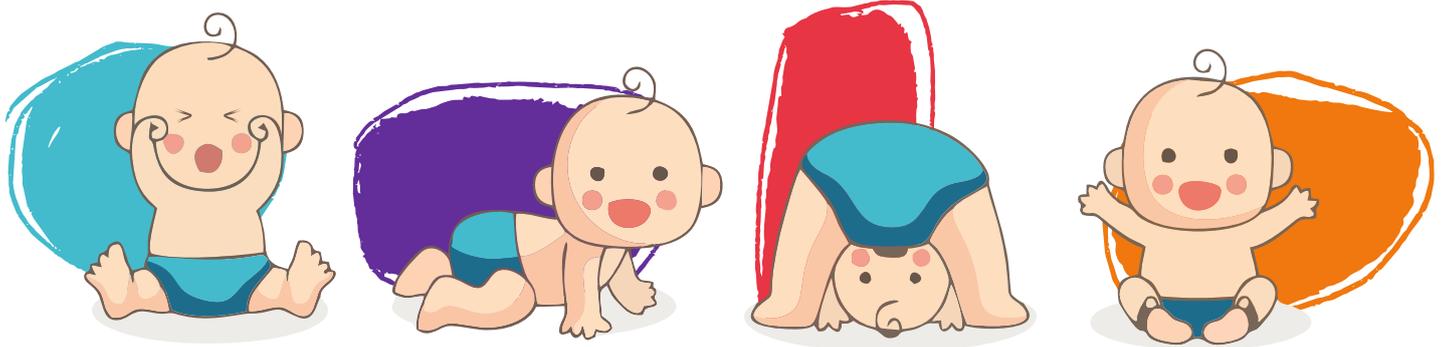
are placed to ensure the optimal development of children with play further enfolding the curriculum elements.

We recognize that children, from a very young age, use playing as a medium to explore their surrounding and understand the world. Although the programme is based on the latest and advanced western sciences and researches, Vedanta and Indian Philosophy remain the main pillar of the school's pedagogy. Our practices involve meditation, brain gym, yoga because these are equally important for children to have a fit mind and body.

Although we understand the apprehension of many parents with regards to either home schooling their child, assigning them for a mother toddler or even not considering either of these; we would like to remind you that

“the first months of life are vital to the well-being of their children. Although learning continues throughout life, there is a special window of opportunity for permanent brain growth and learning that occurs in the first year of life. This period is vitally important for early intelligence development. It is now recognized that the sooner the baby receives sensory stimulation and opportunity for mobility and language expression, the more likely that brain growth, development and skills will be optimized. When parents understand how their child develops, they can become the best teachers their babies will ever have.” – [The Institute for the Achievement of Human Potential](#).

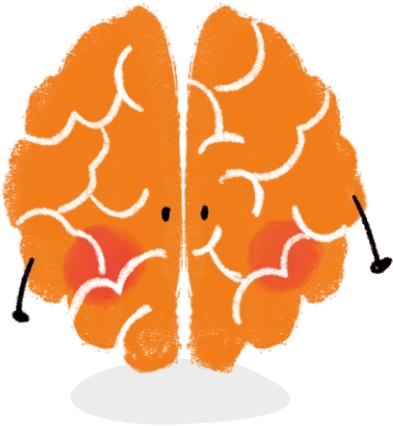
Working with some of our very experienced educators including our core team and founder president Robbin Ghosh and of course the latest national and international guidelines, we bring to you a teaching and parenting model to help open this new world of isolation and confusion for both you and your infant. These are a set of projects, lessons, trainings and schedules that will help you to engage your child and provide him/her a holistic early learning development. We will introduce you to a creative virtual parenting model that will be your escape from the recent challenges into a world of what best we can provide for our infants' **optimal development**.



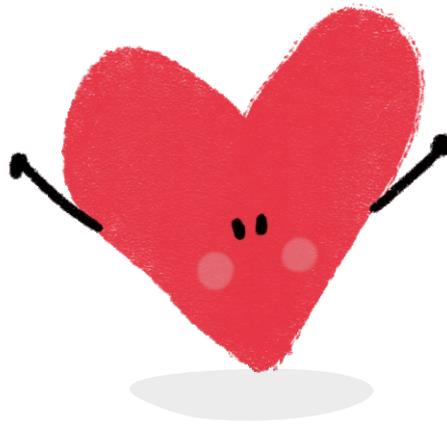
We at VKE stay committed to recognize the role that early brain development can play towards achieving an intellectual, physical, and social excellence.

Our dynamic team of senior educators of Foundation Years Programme (FYP) in a very short span of time have attended intense trainings in order to prepare themselves for what the future holds.

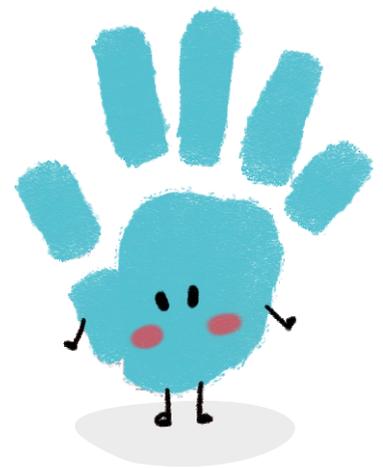
Below, you will find the highlights for the Foundation Years Programme (FYP) for the academic year of 2020-2021. These rudiments of our curriculum are a result of many brainstorming sessions amongst experts within and outside of the VKE community.



HEAD



HEART



HANDS

One of the vital inspirations for the VKE FY programme is Dr. Glenn Doman's research on brain development of new born babies, which explains the ultimate capability of young children to excel in their unimaginable potential. Under this domain your child's cognitive skills will be developed and the focus area would be on the development of the brain.

Children's feelings have an impact on their daily functioning, including their behaviour, productivity, and creative expression. Thus, the Foundation Years Programme is designed to promote the well-being of the child emotionally, physically and mentally.

Hands on experiences help children to engage in kinaesthetic learning. Young children love to feel things and learn using their senses. Hands on multiple intelligences, children learn from real and sensory experiences and have fun while doing so.



EXAMPLE



LANGUAGES-

- English
- Hindi
- Sanskrit
- French

NUMBER DOTS-

- Number dots
- Recognition
- Counting

CHILD ENCYCLOPAEDIA-

- Amazing facts about various age appropriate concepts
- General knowledge about our surroundings
- Flashcards
- Making connections to real-life

MEDITATION-

GRATITUDE PROGRAMME -

The gratitude programme helps children to cultivate appreciation, increase attention, build awareness of surrounding, and foster acceptance of change and diversity.

- At the end of the day, the children will be encouraged to talk about all the things they are thankful for.
- Activities to encourage generosity

MANIPULATIVE

MOTOR SKILLS-

- Exercises for the fingers
- Fine motor Skills
- Gross motor skills
- Finger gym
- Zipping, Un-zipping, Buttoning, picking up small objects with tweezers or clips, threading, tying laces, pushing a small ball using the pointer finger.

CREATIVE ARTS EXPRESSION-

- Creating their own masterpiece
- Exploring paint and colors
- Origami

- **LETTER LAND (PHONICS)**
- Learn the sound and action of the letters
- A story and rhyme for each letter
- Trace the letters

WORD CARDS

PICTURE CARDS

THE ART OF ASKING QUESTIONS

- **SYMPHONY PLAY-**
- Learn a variety of rhymes
- Rhymes on eating healthy, safety, good habits, colors, shapes, letters, numbers, etc.

DANCE & MOVEMENT-

- Dance to various tunes
- Learn to dance on the beats of the music
- Enhance flexibility, range of motions and strength

PUPPETRY

TIP OF THE WEEK

GAMES AND PLAY-

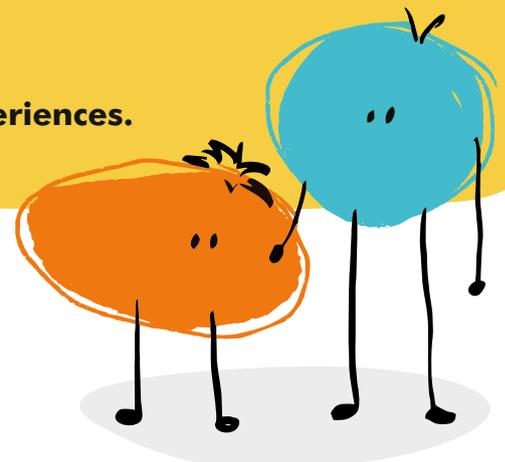
- Throwing, running, jumping, hopping, crawling, obstacle courses
- Animal walks
- Yoga
- Zumba
- Stretching
- Hand-eye coordination

SENSORY EXPLORATION -

Sensory exploration helps children explore and investigate. It helps to develop the cognitive skills, problem-solving skills, fine and gross motor skills.

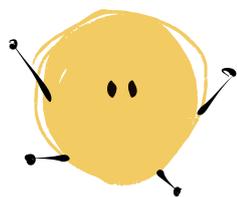
VIRTUAL PLATFORMS:

- Live streaming classes for parent and baby on Google classrooms
- Guest lectures on Google classrooms, Zoom meetings and Google Meets.
- Pre-recorded videos and written articles
- Parental trainings for an offline and more intimate experiences.

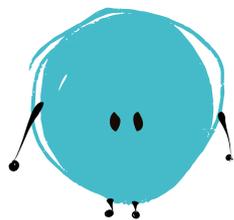


The main pillars of the school's practices for **FOUNDATION YEARS PROGRAMME**

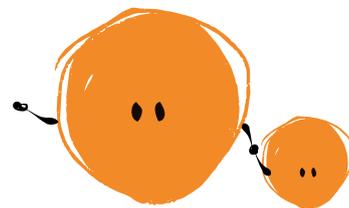
Integrated in the time-table



FOR CHILDREN



FOR PARENTS



FOR PARENT & CHILD

FIELDS OF EXPLORATION

Meditation & yoga | Dance |
Music | Puppetry | Story telling |
Phonics | Mathematic | Junior
Science | Social Studies| Senses |
Play.

LIVE SESSION DURATIONS

The online lessons are scheduled
keeping in mind every age group's
attention span.

FYP age 0 to 3 - 20 mins
EYP age 3 to 5 - 25 mins
PYP age 5 to 12 - 35 mins

FIELDS OF EXPLORATION

While all children develop
differently, it helps to know if
your child is meeting the
expected milestones and how you
can support their healthy
development. Our team will
constantly monitor the progress
of your child and discuss the
same with you periodically.

LANGUAGES

Most experts feel that children
learning more than one
language may develop a larger
vocabulary, may understand how
words sound and rhyme, and will
learn about more than one
culture. Children learning more
than one language will develop
speech and language, in the
same order as a child who speaks
only one language.

VIRTUAL AUDIO/VIDEO PTM (PARENT TEACHER MEETINGS)

We will continue to have weekly
parental and teacher meetings
with prior appointments on
Fridays & Saturdays

VIRTUAL COLLABORATION WITH PARENTS

Parents are encouraged to stay
connected and attend monthly
meetings, where they can help
the teachers form and plan their
future classroom lessons.

MOTHER TODDLER

We understand that with the
work from home scenario, many
of the parents are now willing to
contribute more of their time.
Encouraging the same, we will be
having mother toddler live
streaming sessions conducted by
early years specialists and
teachers.

VIRTUAL LIBRARY ACCESS TO ALL THE PARENTS AND STUDENTS.

Books are our best friends, and
our little ones enjoy listening to
various stories . You will be able
to access the virtual library as
and when needed.

10:00 AM TO 6:00 PM DAILY SCHEDULE

We understand that with the
current situation, many parents
are working from home and
hence cannot guide their child for
their learning at specific times.
Keeping this in mind, there are
similar sessions in the morning
and evening for you and your
child.

PHYSICAL EDUCATION

We understand the importance of movement, and physical fitness especially when our children are expected to stay at home for a long duration. VKE has decided to keep the teacher-student ratio to 1:10 during the virtual PE classes in order to reach out and monitor every student's progress efficiently.

We will have a variety of sessions designed for the parent and baby to stretch and move.

DANCE & MOVEMENT

Dance is not just a good source of fun for these energetic toddlers, it also encourages creativity and is an outlet for imagination and emotion.

Learning to socialize and express is a vital part in a child's cognitive development.

DETAILED PARENTAL WORKSHOPS

Our team understands the situation that all you parents are in currently. As parents, you might feel lost or wondering if what you are doing is the right thing. The workshops will give you strategies that you can apply in your everyday life, help increase your confidence in your own parenting ability and understand what's best for your child.

LIVE SPECIALIST TEACHERS' INTERFACE

It is very important to recognize teachable moments and suggest learning experiences that refine new skills and milestones. Our specialist teachers not just make it look simple and fun, but also help children to make sense of the world around them. Our team will conduct live sessions with our kids on a daily basis.

TALK BY NUTRITIONIST

With the outdoors being off limits for now, many parents are concerned that their children's new routine of staying indoors may lower their resistance. There are weekly interactive sessions organised for the parents to help you boost your child's immunity at home.

PARENT'S CLUB

Weekend Parents club for everyone to join, share their ideas, experiences or concerns with other parents.

DIY TOYS FOR TODDLERS

Toys can help develop problem-solving skills, teach about conflict resolution and how cause and effect work. We have planned workshops to guide you parents make easy DIY toys at home for your little ones. These toys will help our toddlers develop their fine and gross motor skills, nurturing their creativity and imagination.

EFT FOR PARENTS

EFT Tapping (Emotional Freedom Technique) is a holistic healing therapy. During these unprecedented times, we recognize the stress that parents are going through. It is absolutely important to attend to our emotional problems at the root level. We have a trained EFT therapist to help you ease your stress by the power of fingertip tapping.

CREATIVE AND SENSORY ARTS

Our toddlers will be engaged in artistic activities which will help develop their confidence and help them learn how to innovate.

STORY YOGA

We will be conducting creative story-telling and story yoga sessions. Children learn while acting out the stories and develop an awareness of their bodies and how they move. This improves motor skills and gives them an outlet for self-expression. Story Yoga ensures the perfect all-round growth of the child's body and mind.

ESSENTIAL LIFE SKILLS

Children love to be independent and try to do their own things. Parents too, love to see their little ones do everyday tasks with their little hands. Our essential life skills sessions will help them become masters of daily tasks which are important for their growth and development like-brushing their teeth, setting a table, cooking simple meals, etc.

SETTING UP CLASSROOM ENVIRONMENT AT HOME

It takes careful planning to design, organize and manage developmentally appropriate environments where young students can play and learn individually. As we have started with virtual learning, the first step to do is to create a learning atmosphere for your toddlers. Our team, will send you guidelines to prepare the environment for the kids to make their experience of learning a better one.

CELEBRATING WITH DIVERSITY AND FUN

We all are currently physically distant but are connected virtually. So, let's make use of technology and help children meet their friends and families and socialise. During these sessions' parents will be encouraged to talk about cultural diversity with their children.the child's body and mind.

MOTOR SKILLS

Working on gross motor skills helps a child gain strength and confidence in his/her body.

Developing these skills helps a child's ability to do more complex skills in future activities

PARENTING TIP OF THE WEEK

RESOURCE OF THE WEEK

Every week you will be sent a parenting resource, and tip for you to use at home.

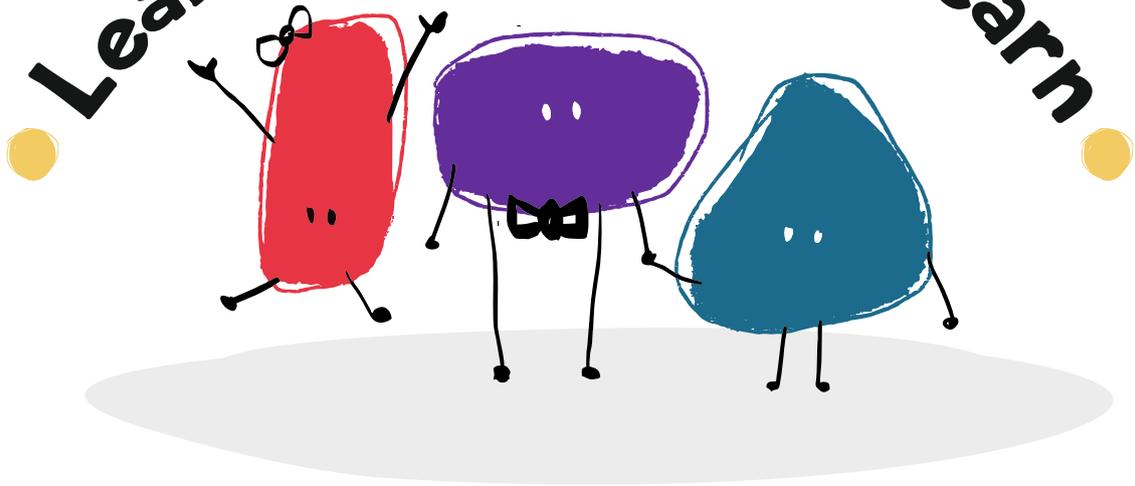


TIME TABLE:



		MON	TUES	WED	THURS	FRI	SAT		
MORNING SESSION	NURSERY	10:00-10:20	MEDITATION	YOGA & FLASHCARD	NUMBERS	MEDITATION	YOGA	MOTOR SKILLS & CHILD ENCYCLOPAEDIA	
		10:25-10:45	LETTER LAND (PHONICS) GROUP 1	FRENCH 1	NUMBERS & DIY HOME MANIPULATIVE 1	PUPPETRY 3	FINE MOTOR SKILLS 2	SANSKRIT	
		10:50-11:10	STORY 1	PUPPETRY 1	PUPPETRY 2	LETTER LAND (PHONICS) GROUP 2	SANSKRIT	STORY 2	
		11:10-11:25	BREAK						
		11:25-11:45	P E 1 (GROSS MOTOR)	CREATIVE & SENSORY ARTS 1	DANCE & MOVEMENT 1	DANCE & MOVEMENT 2	P E 1 (GROSS MOTOR)	P E 3 (GROSS MOTOR)	
		11:50-12:10	SYMPHONY PLAY	P E 2 (GROSS MOTOR)	SYMPHONY PLAY	SYMPHONY PLAY	NUMBERS & DIY HOME MANIPULATIVE 2	LETTER LAND (PHONICS) GROUP 3	
		12:15-12:35	HINDI 1	FINE MOTOR SKILLS 1	HINDI 2	FRENCH 2	CREATIVE & SENSORY ARTS 2	NUMBERS & DIY HOME MANIPULATIVE 3	
		12:35-12:40	GRATITUDE PROGRAMME	GRATITUDE PROGRAMME	GRATITUDE PROGRAMME	GRATITUDE PROGRAMME	GRATITUDE PROGRAMME	GRATITUDE PROGRAMME	
		2:00-2:20	MEDITATION	YOGA & FLASHCARD	NUMBER DOTS	MEDITATION	YOGA	MOTOR SKILLS & CHILD ENCYCLOPAEDIA	
		2:25-2:45	LETTER LAND (PHONICS) GROUP 1	CREATIVE & SENSORY ARTS 1	NUMBERS & DIY HOME MANIPULATIVE 1	LETTER LAND (PHONICS) GROUP 2	FINE MOTOR SKILLS 2	SANSKRIT 2	
AFTERNOON SESSION		2:50-3:10	STORY SESSION 1	PUPPETRY 1	PUPPETRY 2	PUPPETRY 3	SANSKRIT 1	STORY 2	
		3:10-3:25	BREAK						
		3:25-3:45	P E 1 (GROSS MOTOR)	FRENCH 1	DANCE & MOVEMENT 1	DANCE & MOVEMENT 2	NUMBERS & DIY HOME MANIPULATIVE 2	P E 3 (GROSS MOTOR)	
		3:50-4:10	SYMPHONY PLAY	P E 2 (GROSS MOTOR)	SYMPHONY PLAY	FRENCH 2	P E 1 (GROSS MOTOR)	LETTER LAND (PHONICS) GROUP 3	
		4:15-4:35	HINDI 1	FINE MOTOR SKILLS 1	HINDI 2	SYMPHONY PLAY	CREATIVE & SENSORY ARTS 2	NUMBERS & DIY HOME MANIPULATIVE 3	
		4:35-4:40	GRATITUDE PROGRAMME	GRATITUDE PROGRAMME	GRATITUDE PROGRAMME	GRATITUDE PROGRAMME	GRATITUDE PROGRAMME	GRATITUDE PROGRAMME	
		5:00-6:00	MOTHER TODDLER	PARENTAL WORKSHOP	P E 3 (GROSS MOTOR)	COUNSELLOR TALK ON PARENTS & THEIR CHILD'S MENTAL HEALTH	PARENTS CLUB	NUTRITIONIST'S TALK	

Learning to love to learn



The School With A Difference

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